



Selecting a Care Home

Your Care Needs

- Is the home registered to provide the level of care you need?
- Do the other residents seem to have a similar level of need to you?
- What will happen if your needs change or increase?
- Does the home have bathing facilities that meet your needs?
- If you need help with bathing, who will provide this?
- Can you choose how often you have a bath or shower?
- Are toilets available in all parts of the home?
- Are they equipped with handrails and other mobility aids?
- Are you helped to the toilet when you need to go, if necessary?
- When are incontinence pads and catheters used?
- Do you have your own GP and access to other health services such as opticians and dentists?
- Who decides when a check-up is needed?
- Are details of the complaints procedure readily available?
- Are you encouraged to give feedback?
- Is there a residents' committee?
- Do you have access to advocacy services?
- How will the home let friends and family know if you are taken ill?
- How many staff are employed per resident?
- How are they trained?
- Is there a manager on duty at all times?
- What is the turnover of staff?